

**THE CUDDLE ZONE LEARNING CENTER MENU August 31, 2021 - June 17, 2022**

Week #1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal Apple Juice Milk	Waffles Fruit / Apple Juice Milk	WG French Toast Fruit/Apple Juice Milk	Cereal (hot or cold) Apple Juice Milk	Scrambled Eggs & Sausage Apple Juice Milk
<b>LUNCH</b>	Fish Nuggets (WG) Tator Tots Green beans Applesauce Milk	Applesauce Crackers Milk	Pizza (WG) Salad Pineapple Tidbits Milk	Macaroni (WG) and Cheese Crackers Broccoli Pears Milk	Chicken Nuggets (WG) French Fries Salad Mixed Fruit Milk
<b>PM SNACK TODDLER</b>	Gogurt Goldfish Crackers Milk	Applesauce Crackers Milk	Banana Milk	Raisin Bread Milk	Yogurt Cups w/berries & Granola Milk
<b>PM SNACK PRESCHOOL/SCHOOLAGE</b>	Gogurt Goldfish Crackers Milk	Applesauce Crackers Milk	Tortilla Chips w/ Cheese Sauce Milk	Prezels & Cheese Milk	Yogurt Cups w/berries & Granola Milk
Week #2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal Apple Juice Milk	Bagels w/Spreads Apple Juice Milk	Pancakes w/Syrup Fruit / Apple Juice Milk	Cereal Apple Juice Milk	Waffles Fruit / Apple Juice Milk
<b>LUNCH</b>	Turkey Corn Dog Veg Medley Pears Milk	Breakfast for Lunch Turkey Sausage French Toast (WG) Tater Tots Mandarin Oranges Milk	Hamburger BBQ on WG bun Sweet Potatoes Applesauce Milk	Cheese & Chicken Quesadilla Salad Peaches Milk	Chicken Patty on a Whole Wheat Bun Broccoli Mixed Fruit Milk
<b>PM SNACK TODDLER</b>	Applesauce Crackers Milk	Gogurt Goldfish Crackers Milk	Banana Milk	Fruit Milk	Homemade Granola Bites Milk
<b>PM SNACK PRESCHOOL/SCHOOLAGE</b>	Applesauce Crackers Milk	Yogurt or Gogurt Goldfish Crackers Milk	Banana Milk	Graham Sticks w/ peanut butter Milk	Homemade Granola Bites Milk
Week #3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal Apple Juice Milk	Scrambled Eggs & Sausage Apple Juice Milk	Whole Grain French Toast Fruit Apple Juice Milk	Cereal Apple Juice Milk	Bagels w/Spreads Apple Juice Milk
<b>LUNCH</b>	Macaroni (WG) and Cheese Crackers Broccoli Peaches Milk	Pizza (WG) Salad Pineapple Milk	Peanut Butter & Jelly Sandwiches (WG) Green beans Pears Milk	Chicken Nuggets (WG) French Fries Salad Applesauce Milk	Chicken Alfredo Peas Mixed Fruit WG Bread & Butter Milk
<b>PM SNACK TODDLER</b>	Raisin Bread Milk	Fruit Milk	Banana Milk	Crackers & Cheese Milk	Fresh cut seasonal fruit Milk
<b>PM SNACK PRESCHOOL/SCHOOLAGE</b>	Fruit Milk	Tortilla Chips w/ Cheese Sauce Milk	Banana Milk	Prezels & Cheese Milk	Fresh cut seasonal fruit Milk
Week #4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal Apple Juice Milk	Waffles Fruit / Apple Juice Milk	Pancakes w/Syrup Fruit / Apple Juice Milk	Cereal Apple Juice Milk	Whole Grain French Toast Fruit / Apple Juice Milk
<b>LUNCH</b>	Turkey Sausage WG Bread & Butter Sweet Potatoes Applesauce Milk	Ham & Cheese Sandwiches (WG) Broccoli w/Cheese Sauce Pineapples Milk	Pasta & Meatballs w/Sauce Whole Grain Roll Salad Peaches Milk	Grilled Cheese on Whole Grain Bread Tomato Soup Salad Pears Milk	All Beef Hot Dog on a bun Tator Tots Carrots Mixed fruit Milk
<b>PM SNACK TODDLER</b>	Animal Crackers Milk	Peanut Butter Cereal Bites Milk	Fruit Milk	Banana Milk	Gogurt Goldfish Crackers Milk
<b>PM SNACK PRESCHOOL/SCHOOLAGE</b>	Apples w/Peanut Butter Milk	Peanut Butter Cereal Bites Milk	Frozen Grapes Milk	Graham Sticks w/ peanut butter Milk	Gogurt Goldfish Crackers Milk
<b>Whole Milk is served to children under 2 years old; 1% Milk is served to children ages 2 and up</b>					